

2020-2021 McLEAN HIGHLANDERS SPORTS INFORMATION

ELIGIBILITY REQUIREMENTS

- 1. **Physical-** All athletes must have a completed **VHSL Revised February 2017 Physical Examination Form** done after May 1, 2020. Only one physical form is required for EACH school year. Providing false information will result in ineligibility for one year. The form will be available under “Required Participation Forms” at www.mcleanactivities.org and in the Student Activities Office.
- 2. **MANDATED CONCUSSION PROGRAM-** Must be completed by the student-athlete and one parent in order to tryout. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.
- 3. **Emergency Care Form-** Must be completed for each sport. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.
- 4. **Participation Policy-** Must be completed for each sport. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.

NOTE: STUDENTS WILL NOT BE ABLE TO TRYOUT WITHOUT A COMPLETED VHSL FORM ON FILE IN THE ACTIVITIES OFFICE. DO NOT GIVE YOUR VHSL FORM TO YOUR COACH. THE FORM MUST BE TURNED IN TO THE ACTIVITIES OFFICE PRIOR TO TRYOUTS!

McLEAN HIGHLANDERS STUDENT ACTIVITIES OFFICE	
Director of Student Activities – Greg Miller	gmmiller@fcps.edu
Asst. Director of Student Activities – Tzeitel Barcus	tabarcus@fcps.edu
Asst. Director of Student Activities – Jeremy Hayes	jlhays@fcps.edu
Administrative Assistant – Stefanie Evers	severs2@fcps.edu
Head Athletic Trainer – Michael Tierney	mstierney@fcps.edu
Assistant Athletic Trainer – Adam Lucas	fcps.edu
FALL TRYOUTS BEGIN February 15th 2021	
Cheer – Eliza Kirchner Varsity, JV, Freshman	coachkirchner@gmail.com
Cross Country – Kyle Jemison - Boys & Girls	xcmclean@gmail.co
Dance Team – Victoria Diez	mcleandance@gmail.com
Field Hockey – Lizzie McManus	MSMcManus@fcps.edu
Football –John Scholla Varsity, JV, Freshman	jsscholla@fcps.edu
Golf – Boys – Ryan Abrams	rpabrams@fcps.edu
Golf – Girls – Vacant	
Volleyball – Angela Pubal Varsity, JV, Freshman	agpubal@fcps.edu
WINTER TRYOUTS BEGIN December 14th 2020	
Basketball – Boys – Mike O’Brien - Varsity, JV, Freshman	mpobrien@fcps.edu
Basketball – Girls – Jen Sobota- Varsity, JV, Freshman	jmsobota@fcps.edu
Gymnastics – Courtney Molle	cemolle@fcps.edu
Swim/Dive – Kyle Drake- Boys & Girls	kdrake@fcps.edu
Track/Field – Indoor – Kyle Jemison - Boys & Girls	kbjemison@fcps.edu
Wrestling – Ken Jackson - Varsity, JV	kejackson@fcps.edu
SPRING TRYOUTS BEGIN April 12th 2021	
Baseball – John Dowling - Varsity, JV	jmdowling@fcps.edu
Boys Crew – Jack Connor	jacon@udel.edu
Girls Crew- Bianca Arrington	bcarrington@fcps.edu
Lacrosse – Boys –Brian Simmons- Varsity, JV	bwsimmons@fcps.edu
Lacrosse – Girls – Priscilla Hooban - Varsity JV, Freshman	pmhooban@fcps.edu
Soccer – Boys – William Gaitan - Varsity & JV	wngaitan@fcps.edu
Soccer – Girls – Rob Bouchard Varsity & JV	rabouchard1@fcps.edu
Softball – Maurice Tawil - Varsity & JV	mtawil4@yahoo.com
Tennis – Girls –Melanie Swan	melaniecswan@gmail.com
Tennis – Boys – Ryan Abrams	rpabrams@fcps.edu
Track/Field – Outdoor – Boys & Girls – Kyle Jemison	kbjemison@fcps.edu

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