

# 2020-2021    McLEAN ATHLETICS

## ELIGIBILITY REQUIREMENTS & COACHES CONTACT INFORMATION

1. **Physical-** All athletes must have a completed **VHSL Revised February 2021 Physical Examination Form** done after May 1, 2021

Only one physical form is required for EACH school year. Providing false information will result in ineligibility for one year. The form will be available under “Required Participation Forms” at [www.mcleanactivities.org](http://www.mcleanactivities.org) and in the Student Activities Office.

Email completed **Physical Examination Form** to [mcleanphysicals@gmail.com](mailto:mcleanphysicals@gmail.com)

2. **NEW Registering for Sports** - <https://mclean-ar.rschooldtoday.com/> Must be completed by parent and the student-athlete in order to tryout. Complete instructions on the back side.

3. **Student Accident Insurance** - <https://www.kandkinsurance.com/sites/K12Voluntary/Pages/Home.aspx> (Only needed if you don't have coverage through parent)

**NOTE:** STUDENTS WILL NOT BE ABLE TO TRYOUT WITHOUT A COMPLETED VHSL FORM ON FILE IN THE ACTIVITIES OFFICE. DO NOT GIVE YOUR VHSL FORM TO YOUR COACH. THE FORM MUST BE TURNED IN TO THE ACTIVITIES OFFICE PRIOR TO TRYOUTS!

| <b>McLEAN HIGHLANDERS STUDENT ACTIVITIES OFFICE</b>             |  |
|---|--|
| <b>Director of Student Activities – Greg Miller</b>             | <a href="mailto:gmmiller@fcps.edu">gmmiller@fcps.edu</a>             |
| <b>Asst. Director of Student Activities – Tzeitel Barcus</b>    | <a href="mailto:tabarcus@fcps.edu">tabarcus@fcps.edu</a>             |
| <b>Asst. Director of Student Activities – Jeremy Hays</b>       | <a href="mailto:jlhays@fcps.edu">jlhays@fcps.edu</a>                 |
| <b>Administrative Assistant – Stefanie Evers</b>                | <a href="mailto:severs2@fcps.edu">severs2@fcps.edu</a>               |
| <b>Head Athletic Trainer – Michael Tierney</b>                  | <a href="mailto:mstierney@fcps.edu">mstierney@fcps.edu</a>           |
| <b>Assistant Athletic Trainer – Adam Lucas</b>                  | <a href="mailto:alucas@fcps.edu">alucas@fcps.edu</a>                 |
| <b>FALL SPORTS</b>  |  |
| <b>Cheer – Eliza Kirchner Varsity, JV</b>                       | <a href="mailto:coachkirchner@gmail.com">coachkirchner@gmail.com</a> |
| <b>Cross Country – Kyle Jemison - Boys &amp; Girls</b>          | <a href="mailto:kylejemison@hotmail.com">kylejemison@hotmail.com</a> |
| <b>Dance Team – Victoria Diez</b>                               | <a href="mailto:mcleandance@gmail.com">mcleandance@gmail.com</a>     |
| <b>Field Hockey – Lizzie McManus- Varsity, JV, Freshman</b>     | <a href="mailto:MSMcManus@fcps.edu">MSMcManus@fcps.edu</a>           |
| <b>Football –John Scholla Varsity, JV, Freshman</b>             | <a href="mailto:jsscholla@fcps.edu">jsscholla@fcps.edu</a>           |
| <b>Golf – Boys &amp; Girls – Ryan Abrams</b>                    | <a href="mailto:rpabrams@fcps.edu">rpabrams@fcps.edu</a>             |
| <b>Volleyball – Samantha Stewart - Varsity, JV, Freshman</b>    | <a href="mailto:smstewart3@fcps.edu">smstewart3@fcps.edu</a>         |
| <b>WINTER SPORTS</b>  |  |
| <b>Basketball – Boys – Mike O'Brien - Varsity, JV, Freshman</b> | <a href="mailto:mpobrien@fcps.edu">mpobrien@fcps.edu</a>             |
| <b>Basketball – Girls – Jen Sobota- Varsity, JV, Freshman</b>   | <a href="mailto:jmsobota@fcps.edu">jmsobota@fcps.edu</a>             |
| <b>Gymnastics – Courtney Molle</b>                              | <a href="mailto:cemolle@fcps.edu">cemolle@fcps.edu</a>               |
| <b>Swim/Dive – Kyle Drake- Boys &amp; Girls</b>                 | <a href="mailto:kdrake@fcps.edu">kdrake@fcps.edu</a>                 |
| <b>Track/Field – Indoor – Kyle Jemison - Boys &amp; Girls</b>   | <a href="mailto:kylejemison@hotmail.com">kylejemison@hotmail.com</a> |
| <b>Wrestling – Ken Jackson - Varsity, JV</b>                    | <a href="mailto:kejackson@fcps.edu">kejackson@fcps.edu</a>           |
| <b>SPRING SPORTS BEGIN APRIL 12,2021</b>                        |  |
| <b>Baseball – John Dowling - Varsity, JV</b>                    | <a href="mailto:jmdowling@fcps.edu">jmdowling@fcps.edu</a>           |
| <b>Boys Crew – Jack Connors</b>                                 | <a href="mailto:jacon@udel.edu">jacon@udel.edu</a>                   |
| <b>Girls Crew- Carol Dinion</b>                                 | <a href="mailto:caroldinion@gmail.com">caroldinion@gmail.com</a>     |
| <b>Lacrosse – Boys –Brian Simmons- Varsity, JV</b>              | <a href="mailto:bwsimmons@fcps.edu">bwsimmons@fcps.edu</a>           |
| <b>Lacrosse – Girls – Emily Geary - Varsity JV, Freshman</b>    | <a href="mailto:emgeary@fcps.edu">emgeary@fcps.edu</a>               |
| <b>Soccer – Boys – William Gaitan - Varsity &amp; JV</b>        | <a href="mailto:wngaitan@fcps.edu">wngaitan@fcps.edu</a>             |
| <b>Soccer – Girls – Rob Bouchard Varsity &amp; JV</b>           | <a href="mailto:rabouchard1@fcps.edu">rabouchard1@fcps.edu</a>       |
| <b>Softball – Maurice Tawil - Varsity &amp; JV</b>              | <a href="mailto:mtawil4@yahoo.com">mtawil4@yahoo.com</a>             |
| <b>Tennis – Girls – Melanie Swan</b>                            | <a href="mailto:melaniecswan@gmail.com">melaniecswan@gmail.com</a>   |
| <b>Tennis – Boys – Ryan Abrams</b>                              | <a href="mailto:rpabrams@fcps.edu">rpabrams@fcps.edu</a>             |
| <b>Track/Field – Outdoor – Kyle Jemison - Boys &amp; Girls</b>  | <a href="mailto:kylejemison@hotmail.com">kylejemison@hotmail.com</a> |

**FOLLOW US ON TWITTER! @ mcleanathletics**

**Visit [www.mcleanactivities.org](http://www.mcleanactivities.org)**