

2017-2018
McLEAN HIGHLANDERS SPORTS INFORMATION

ELIGIBILITY REQUIREMENTS

- 1. **Physical-** All athletes must have a completed **VHSL Revised February 2017 Physical Examination Form** done after May 1, 2017. Only one physical form is required for EACH school year. Providing false information will result in ineligibility for one year. The form will be available under “Required Participation Forms” at www.mcleanactivities.org and in the Student Activities Office.
- 2. **MANDATED CONCUSSION PROGRAM-** Must be completed by the student-athlete and one parent in order to tryout. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.
- 3. **Emergency Care Form-** Must be completed for each sport. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.
- 4. **Participation Policy-** Must be completed for each sport. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.

NOTE: STUDENTS WILL NOT BE ABLE TO TRYOUT WITHOUT A COMPLETED VHSL FORM ON FILE IN THE ACTIVITIES OFFICE. DO NOT GIVE YOUR VHSL FORM TO YOUR COACH. THE FORM MUST BE TURNED IN TO THE ACTIVITIES OFFICE PRIOR TO TRYOUTS!

| McLEAN HIGHLANDERS STUDENT ACTIVITIES OFFICE | |
|---|--|
| Director of Student Activities – Greg Miller | gmmiller@fcps.edu |
| Asst. Director of Student Activities – Tzeitel Barcus | tabarcus@fcps.edu |
| Asst. Director of Student Activities – Jeremy Hayes | jlhays@fcps.edu |
| Administrative Assistant – Stefanie Evers | severs2@fcps.edu |
| Head Athletic Trainer – Michael Tierney | mstierney@fcps.edu |
| Assistant Athletic Trainer – Ashley Schuster | aschuster@fcps.edu |
| FALL TRYOUTS BEGIN AUGUST 1, 2017 | |
| Cheer – Tiffany Nguyen Varsity, JV, Freshman | tiffany_nguyen@rocketmail.com |
| Cross Country – Megan Ney - Boys & Girls | meney@fcps.edu |
| Dance Team – Jen Koonce Tryouts May 15-19, 2017 | mcleandance@gmail.com |
| Field Hockey –Kieran Sweeney & Brooke Edwards | kieran.m.sweeney@gmail.com |
| Football –John Scholla Varsity, JV, Freshman | jsscholla@fcps.edu |
| Golf – Boys – Rick Eyerly | raeyerly@fcps.edu |
| Golf – Girls – Woody Kidd | twkidd@fcps.edu |
| Volleyball – John Delany Varsity, JV, Freshman | jdelany@fcps.edu |
| WINTER TRYOUTS BEGIN NOVEMBER 6, 2017 | |
| Basketball – Boys – Mike O'Brien - Varsity, JV, Freshman | mpobrien@fcps.edu |
| Basketball – Girls – Jen Sobota- Varsity, JV, Freshman | jmsobota@fcps.edu |
| Gymnastics – Courtney Lesson | celesson@fcps.edu |
| Swim/Dive – Kyle Drake- Boys & Girls | krdrake@fcps.edu |
| Track/Field – Indoor – Megan Ney - Boys & Girls | meney@fcps.edu |
| Wrestling – Ken Jackson - Varsity, JV | kejackson@fcps.edu |
| SPRING TRYOUTS BEGIN FEBRUARY 19, 2018 | |
| Baseball – John Dowling - Varsity, JV | jmdowling@fcps.edu |
| Boys Crew – Cathy Hott | cjhott@fcps.edu |
| Girls Crew- Bianca Arrington | bcarrington@fcps.edu |
| Lacrosse – Boys –Brian Simmons- Varsity, JV | bwsimmons@fcps.edu |
| Lacrosse – Girls –Caroline Cochrane-Braswell- Var. & JV | cecochranebr@fcps.edu |
| Soccer – Boys – Mike Anderson - Varsity & JV | taftandersongroup1@gmail.com |
| Soccer – Girls – Rob Bouchard Varsity & JV | rabouchard1@fcps.edu |
| Softball – Maurice Tawil - Varsity & JV | mtawil4@yahoo.com |
| Tennis – Girls –Hilary Viets | nhviets@fcps.edu |
| Tennis – Boys – Aavo Tomkov | aavot@yahoo.com |
| Track/Field – Outdoor – Boys & Girls – Megan Ney | meney@fcps.edu |

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www.mcleanactivities.org