

2018-2019
McLEAN HIGHLANDERS SPORTS INFORMATION

ELIGIBILITY REQUIREMENTS

- 1. **Physical-** All athletes must have a completed **VHSL Revised February 2018 Physical Examination Form** done after May 1, 2018. Only one physical form is required for EACH school year. Providing false information will result in ineligibility for one year. The form will be available under “Required Participation Forms” at www.mcleanactivities.org and in the Student Activities Office.
- 2. **MANDATED CONCUSSION PROGRAM-** Must be completed by the student-athlete and one parent in order to tryout. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.
- 3. **Emergency Care Form-** Must be completed for each sport. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.
- 4. **Participation Policy-** Must be completed for each sport. Visit www.mcleanactivities.org and click on the “Required Participation Forms” to complete.

NOTE: STUDENTS WILL NOT BE ABLE TO TRYOUT WITHOUT A COMPLETED VHSL FORM ON FILE IN THE ACTIVITIES OFFICE. DO NOT GIVE YOUR VHSL FORM TO YOUR COACH. THE FORM MUST BE TURNED IN TO THE ACTIVITIES OFFICE PRIOR TO TRYOUTS!

McLEAN HIGHLANDERS STUDENT ACTIVITIES OFFICE	
Director of Student Activities – Greg Miller	gmmiller@fcps.edu
Asst. Director of Student Activities – Tzeitel Barcus	tabarcus@fcps.edu
Asst. Director of Student Activities – Jeremy Hayes	jlhays@fcps.edu
Administrative Assistant – Stefanie Evers	severs2@fcps.edu
Head Athletic Trainer – Michael Tierney	mstierney@fcps.edu
Assistant Athletic Trainer – Ashley Schuster	aschuster@fcps.edu
FALL TRYOUTS BEGIN July 30th 2018	
Cheer – Tiffany Nguyen Varsity, JV, Freshman	tiffany_nguyen@rocketmail.com
Cross Country – Megan Ney - Boys & Girls	menev@fcps.edu
Dance Team – Jen Koonce Tryouts May 15-19, 2017	mcleandance@gmail.com
Field Hockey –Kieran Sweeney & Brooke Edwards	kieran.m.sweeney@gmail.com
Football –John Scholla Varsity, JV, Freshman	jsscholla@fcps.edu
Golf – Boys – Rick Eyerly	raeyerly@fcps.edu
Golf – Girls – Woody Kidd	twkidd@fcps.edu
Volleyball – Angela Pubal Varsity, JV, Freshman	apubal@theaapc.org
WINTER TRYOUTS BEGIN NOVEMBER 5, 2018	
Basketball – Boys – Mike O’Brien - Varsity, JV, Freshman	mpobrien@fcps.edu
Basketball – Girls – Jen Sobota- Varsity, JV, Freshman	jmsobota@fcps.edu
Gymnastics – Courtney Lesson	celesson@fcps.edu
Swim/Dive – Kyle Drake- Boys & Girls	krdrake@fcps.edu
Track/Field – Indoor – Megan Ney - Boys & Girls	menev@fcps.edu
Wrestling – Ken Jackson - Varsity, JV	kejackson@fcps.edu
SPRING TRYOUTS BEGIN FEBRUARY 18, 2019	
Baseball – John Dowling - Varsity, JV	jmdowling@fcps.edu
Boys Crew – Nate McClafferty	nathan.mcclafferty@gmail.com
Girls Crew- Bianca Arrington	bcarrington@fcps.edu
Lacrosse – Boys –Brian Simmons- Varsity, JV	bwsimmons@fcps.edu
Lacrosse – Girls – Priscilla Smith- Varsity JV, Freshman	psmith1@fcps.edu
Soccer – Boys – Mike Anderson - Varsity & JV	taftandersongroup1@gmail.com
Soccer – Girls – Rob Bouchard Varsity & JV	rbouchard1@fcps.edu
Softball – Maurice Tawil - Varsity & JV	mtawil4@yahoo.com
Tennis – Girls –Hilary Viets	nhviets@fcps.edu
Tennis – Boys – Aavo Tomkov	aavot@yahoo.com
Track/Field – Outdoor – Boys & Girls – Megan Ney	menev@fcps.edu

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